

Zurkhaneh Sports Technical Regulations for Juniors (17-20)

Term of organizing:

According to Zurkhaneh sports Regulation, Junior Championship will be held biannually.

Wrestling Category:

Koshti Pahlavani (Heroic wrestling) would be held on 5 categories:

50-60 Kg.

60-70 Kg.

70-80 Kg.

80-90 Kg.

+90 Kg.

Time of Koshti Pahlavani championship:

Duration of the event in the 1st four categories is a 4 minute time

For the last category +90 Kg. , would be 5 minutes.

Score of Koshti pahlavani

In the case of obtaining zero score at the end of legal time, in Preliminary and Semifinal rounds, both wrestlers will go to loser group.

In the case of equal with points, after 1 minute rest, they continue fighting for 2 minutes.

In case of obtaining equal scores in legal & extra time, immediately, the rule of Equal line, in the strength time would be done.

Other conditions would be done according to Senior's Koshti Pahlavani Rules and Regulations.

Disciplines of Zurkhaneh Individual Skills:

Sang, Kabbadeh, Meel Sangin (Heavy Meel), Meel Bazy, Charkh Teez & Charkh Chamani.

Specification of Zurkhaneh equipments:

The weight of the sport equipments are as follow:

Pair of sang is 30 Kg. and per sang is 15 Kg. \pm 500g.

Kabbadeh is 12 Kg. \pm 500g.

Pair of Heavy Meel would be 20 Kg. and per Meel is 10 Kg. \pm 500g.

Pair of Meel bazy is 3 Kg. and per Meel bazy is 1.5 Kg. \pm 150g.

Other conditions would be done according to Senior's Zurkhaneh Sports Rules and Regulations approved by IZSF Technical Committee.

The Duration of individual skills' events are as follow:

Sang Geeri would be done in ten minutes.

Kabbadeh would be done in two minutes.

Meel Bazy would be done Max in 7 minutes that 1 minute would be for break.

The Max time for Charkh Teez would be 45 seconds and for Charkh Chamani would be 120 seconds.